

In order to obtain your USA Wrestling Card, you will have to follow the instructions below. Make sure that you are communicating with me along the way to ensure that you are active.

1. Go to <https://www.usawmembership.com/login>
2. Click on "Create Free Account"
3. Fill in the information and click "Create Free Account" Make sure you use an email that you check.
4. Click "Go to Profiles"
5. Then, "New Profile"
6. Fill in all the information on this page. Make sure you use an email that you check.
7. On the next page, send me the USAW ID.
8. Once I tell you, check your email to accept the team affiliation.
9. Once accepted, let Coach know that you have accepted it.